

JOB APPLIED FOR
POSITION
PREFERRED JOB
STUDIES APPLIED
FOR
PERSONAL
STATEMENT

Medical Director and faculty lead of the Oculo-Facial Aesthetic Academy from 2016 to present date
Medical Director and Ophthalmic Plastic Reconstructive Surgeon at Perfect Eyes Ltd from 2012 to current date
I have been in full time private practice in London UK, since 1st Sept 2015. I was a NHS Consultant at Barking Havering Redbridge University Hospitals, Romford, Essex from 1-4-10 to 31-8-2015.
I left the NHS to achieve a better work-life balance. I achieved my Certificate of Completion of Specialist Registration under Article 14, in May 2008 in UK, having trained in a comprehensive programme in Ophthalmology, in India and UK. I have had the opportunity to manage patients in all branches of this speciality, with wider experience & sub speciality interest in anterior segment to include Glaucoma, Cataract, Cornea & Oculoplastics. I have 21 months experience as a Cornea and Oculoplastic Fellow at the Queen Victoria Hospital, East Grinstead (with Mr. Sheraz Daya). Here I was responsible for setting up the amniotic membrane bank with the Blond McIndoe Centre and investigating the use of amniotic membrane in treating persistent corneal epithelial defects & ocular surface disease. The preliminary results were presented at the annual meeting of The Royal College of Ophthalmologists (UK) & the Paton Society Meeting (USA) in 1997. I gained experience in managing complex cataracts and glaucoma during this fellowship. This was followed by 6 months as an Oculoplastic Fellow at Salisbury District Hospital and Southampton General Hospital (with Mr. Tony Tyers and Ms. Ruth Manners), and further 12 months as an Oculoplastic fellow at Moorfields Eye Hospital, London (with Mr. Richard Collin and Mr. Geoffrey Rose). Here I gained experience in managing simple & complex lid, lacrimal & orbital conditions. From Oct 2004 till March 2010, I have been an Associate Specialist at Moorfields Eye Hospital NHS Foundation Trust, London, where recognition of my skills and leadership qualities lead to an autonomous role & private practicing privileges (2009-2010). In 2010, I was appointed as a substantive NHS consultant at BHR University Hospitals NHS Trust. I have 5 years experience as a Consultant Ophthalmologist with a subspecialty interest in Oculoplastics in Greater London, where I set up a specialist Oculoplastic & Mohs service. I maintained my interest in primary care ophthalmology and developed the Primary Care & Eye Casualty at Queens Hospital, Romford from 2010-2012. I delivered a high quality loco regional periocular skin cancer service and was nominated for "star of the month" & Pride "outstanding service" and "improved patient care" at Queens Hospital in 2013. I contributed fully to the teaching and training programme of specialist registrars and fellows throughout my professional career. In Sept 2016 I founded The Oculo- Facial Aesthetic Academy, a unique multidisciplinary cadaver skills training wet lab for aesthetic practitioners. I find teaching and education very gratifying and wish to pursue this further and hope my application is successful.

JOB APPLIED FOR
 POSITION
 PREFERRED JOB
 STUDIES APPLIED
 FOR
 PERSONAL
 STATEMENT

Medical Director and faculty lead of the Oculo-Facial Aesthetic Academy from 2016 to present date
 Medical Director and Ophthalmic Plastic Reconstructive Surgeon at Perfect Eyes Ltd from 2012 to current date
 I have been in full time private practice in London UK, since 1st Sept 2015. I was a NHS Consultant at Barking Havering Redbridge University Hospitals, Romford, Essex from 1-4-10 to 31-8-2015.
 I left the NHS to achieve a better work-life balance. I achieved my Certificate of Completion of Specialist Registration under Article 14, in May 2008 in UK, having trained in a comprehensive programme in Ophthalmology, in India and UK. I have had the opportunity to manage patients in all branches of this speciality, with wider experience & sub speciality interest in anterior segment to include Glaucoma, Cataract, Cornea & Oculoplastics. I have 21 months experience as a Cornea and Oculoplastic Fellow at the Queen Victoria Hospital, East Grinstead (with Mr. Sheraz Daya). Here I was responsible for setting up the amniotic membrane bank with the Blond McIndoe Centre and investigating the use of amniotic membrane in treating persistent corneal epithelial defects & ocular surface disease. The preliminary results were presented at the annual meeting of The Royal College of Ophthalmologists (UK) & the Paton Society Meeting (USA) in 1997. I gained experience in managing complex cataracts and glaucoma during this fellowship. This was followed by 6 months as an Oculoplastic Fellow at Salisbury District Hospital and Southampton General Hospital (with Mr. Tony Tyers and Ms. Ruth Manners), and further 12 months as an Oculoplastic fellow at Moorfields Eye Hospital, London (with Mr. Richard Collin and Mr. Geoffrey Rose). Here I gained experience in managing simple & complex lid, lacrimal & orbital conditions. From Oct 2004 till March 2010, I have been an Associate Specialist at Moorfields Eye Hospital NHS Foundation Trust, London, where recognition of my skills and leadership qualities lead to an autonomous role & private practicing privileges (2009-2010). In 2010, I was appointed as a substantive NHS consultant at BHR University Hospitals NHS Trust. I have 5 years experience as a Consultant Ophthalmologist with a subspecialty interest in Oculoplastics in Greater London, where I set up a specialist Oculoplastic & Mohs service. I maintained my interest in primary care ophthalmology and developed the Primary Care & Eye Casualty at Queens Hospital, Romford from 2010-2012. I delivered a high quality loco regional periocular skin cancer service and was nominated for "star of the month" & Pride "outstanding service" and "improved patient care" at Queens Hospital in 2013. I contributed fully to the teaching and training programme of specialist registrars and fellows throughout my professional career. In Sept 2016 I founded The Oculo- Facial Aesthetic Academy, a unique multidisciplinary cadaver skills training wet lab for aesthetic practitioners. I find teaching and education very gratifying and wish to pursue this further and hope my application is successful.

WORK EXPERIENCE
Current Post

Date 1-11-2012 onwards, Director, Perfect Eyes Ltd

Sept 2016 onwards, Director and Faculty Lead, Oculo-Facial Aesthetic Academy

Positions previously held:

April 2010 – 31-8-2015 - Consultant Ophthalmologist & Oculoplastic Surgeon, Barking, Havering & Redbridge University Hospitals NHS Trust, Essex.

Oct 2004 – March 2010 - Associate Specialist, Moorfields Eye Hospital

April 2009-Sept 2009 - Hon. Associate Specialist, Chelsea Westminster NHS Trust (secondment 2 days/week). This post was a part-time post that Moorfields Eys Hospital allowed me to do as a secondment, whilst I was employed by them as an Associate Specialist.

July 2003 – Sept 2004 - Adnexal Staff Grade (6 sessions) Moorfields Eye Hospital & Adnexal Staff Grade (2 sessions) Kings College Hospital, London, UK.

July 2003 – April 2004 - Adnexal Staff Grade (2 sessions) Western Eye Hospital, London, UK.

June 2003 – Relocated to London.

Feb 2001- Relocated to Mumbai, India

Feb 2001 – May 2003-, Consultant in Private Practice in Mumbai, India at Bhatia General Hospital, Mumbai, & at Laxmi Eye Institute, Panvel, & at Aditya Jyot Eye Hospital, Mumbai, India.

Feb 2000- Jan 2001 – Adnexal Fellow, Moorfields Eye Hospital, London

March 2001 – June 2002 - Consultant Ophthalmologist in Private Practice in Mumbai, India at Bhatia General Hospital

August 1994 - August 1995 - Consultant Ophthalmologist in Private Practice in Mumbai, India at Bhatia General Hospital & Lecturer in Ophthalmology at K. J. Somaiya Hospital, Mumbai, India.

March 1994 - July 1994, Hon. Associate in Ophthalmology Bombay City Eye Institute, Mumbai, India.

 Replace with dates
(from - to)

Business or sector Medical Education and Health care

EDUCATION AND TRAINING
Fellowship Programmes:

Date / Post / Location

Jan 2009- Jul 2009- Seconded Fellow in Cranio-Facial, Oculoplastics & Aesthetic facial surgery at Chelsea Westminster Hospital NHS Trust

Feb 2000 – Jan 2001 - Fellow in Oculoplastics, Moorfields Eye Hospital, London, UK.

Jan 1998 – July 1998 - Fellow in Oculoplastics, Salisbury District Hospital & Southampton Gen. Hospital, UK.

Jan 1996- Sept 1997 - Fellow in Oculoplastics Fellow / Visiting Registrar (THS/ 025/ 403 IV) The Queen Victoria Hospital, East Grinstead, UK.

Specialist Registrar Programme:

1-8-93 – 31-1-94, PG Student at Sir J.J. Group Of Hospitals, Mumbai, India.

2002.

14. Shah-Desai SD, Collin R. Role of the lower lid retractors in ectropion repair. "Orbit" 20 (2), 2001.

15. Shah-Desai S D, Tyers A G, Manners RM : Painful Blind Eye: efficacy of enucleation and evisceration in resolving ocular pain. "Br J Ophthalmol", 84(4): 437-8, Apr 2000.

16. Meadows A, Hall N, Shah-Desai SD, Low JL, Manners R M : The House-Brackman System and assessment of corneal risk in facial nerve palsy. "Eye" 14, 353-357, 2000. Shah-Desai S D, Management of Eyelid Retraction. "Journal of Bombay Ophthalmologist's Association," Vol 10 (4), Oct -Dec 2000, 193-194.

17. Shah-Desai S D, Collins AL, Tyers A G : Surgical correction of entropion and excess upper eyelid skin in congenital cutis laxa; a case report. "Orbit", 18(1), 53-58, 1999.

Book Chapters

Shah-Desai SD. Ocular Surface Disease : Current Management and Concepts. "Text Book of Ophthalmology", Vol 2; Chapter 104, Pgs 894 -908. Editors: A. Agarwal et al, Publishers: Jaypee Brothers, New Delhi, India.

Shah-Desai SD. Ocular Surface Disease : Current Management and Concepts. "Clinical Diagnosis and Management of Dry Eye & Ocular Surface disorders", Editors : Dr. A Garg, Publisher : Jaypee Brothers, New Delhi, India

Research Title & Collaborators

1. Eyelid Squamous Cell Carcinoma: The Moorfields experience (research no: SHAS 1001) S D Shah-Desai, Wen Xing, J R O Collin. Moorfields Eye Hospital.

2. Use of Restylane Vital Light for under eye dark circles S D Shah-Desai , Sonia Smazocki, Perfect Eyes Ltd

3. A review of Cicatricial upper lid ectropion repair. S D Shah-Desai , Arti Sinha. BHR University Hospitals.

4. A review of infection rates post delayed eyelid reconstruction after cross site MMS S D Shah-Desai , Jason Ho. BHR University Hospitals.

5. Diagnostic accuracy of ultrasound scanning for pre-operative medial canthal BCC evaluation. Abstract presented at ASOPRS 2009. G Saleh, S D Shah-Desai, S Liyanaje, M Beaconsfield, M Restori, JRO Collin. Moorfields Eye Hospital

6. Long term outcomes of peri ocular sebaceous cell carcinoma. S D Shah-Desai, Tahrina Sallam, JRO Collin. Moorfields Eye Hospital

7. Title Collaborators BOSU Study of Ocular Sebaceous Carcinoma (OSC) in the United Kingdom. Collaborative Multi centre (UK) pilot observational study investigating OSC in association with the British Ophthalmic Surveillance Unit.

8. Autologous plasma drops, a study of epidermal growth factors and their clinical use to promote epithelial regeneration. C Dowsett, SD Shah-Desai, S Daya, 1996-1997, Queen Victoria Hospital, East Grinstead.

9. Amniotic Membrane: investigational use in ocular surface reconstruction. SD Shah-Desai, N Habib, S Daya, 1996-1997, Queen Victoria Hospital, East Grinstead.

Scientific Presentations:

Free Papers

Sept 2011 "Repair of over-corrected upper lid lowering for thyroid eye disease, using nylon hang-back sutures" 29th ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgeons, Cernobbio, Lake Como, Sept 2011.

June 2010 "Stability of eyelid eight after graded anterior-approach lid lowering for dysthyroid upper lid retraction" The Annual meeting of British Oculoplastic Surgery Society, Edinburgh, UK, June 2010. June 2010 "Repair of over-corrected upper lid lowering for thyroid eye disease, using nylon hang-back sutures." the Annual meeting of British Oculoplastic Surgery Society, Edinburgh, UK, June 2010.

June 2010 "The crenated direct brow lift", the Annual meeting of British Oculoplastic Surgery Society, Edinburgh, UK, June 2010.

27 Sept 2009 "Canalicular shortening, with lower tarsal fixation to the the postero-superior lacrimal crest, in the treatment of severe involuntal lower lid laxity".

27th ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgeons, Marseille, France, Sept 2009.

Nov 2008 "Long-term outcomes of surgical approaches to the treatment of floppy eyelid syndrome", 39th. ASOPRS, Atlanta, USA, Nov 2008.

Sept 2005 "Eyelid Squamous Cell Carcinoma : The Moorfield's Experience". 23rd ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgeons, Crete, Greece,

Sept 2005. June 2001 "Lax Eyelid Syndrome or "Progeria" of eyelid tissues". 19th ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgeons, Santiago de Compostela, Spain, June 2001.

June 2001 "W- Myotomy for dysthyroid upper lid retraction". 19th ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgeons, Santiago de Compostela, Spain, June 2001.

July 2000 "Lower lid retractors in Ectropion repair". 18th ESOPRS, European Society of Ophthalmic Reconstructive Plastic Surgery, Paris, France, July 2000.

Oct 1998 "Amniotic membrane transplantation". EYE ADVANCE '98, International conference on advances in Ophthalmology, Mumbai, India, Oct 1998.

Oct. 1997 "The treatment of persistent corneal epithelial defects and ocular surface reconstruction with amniotic membrane." Eye Bank Association Of America, Scientific Session Paton Society, San Francisco, U.S.A. Oct. '97.

Jan. 1994. "Use of cyclosporin eye drops following keratoplasties in vascularised corneal opacities". 52nd. Annual Conference of All India Ophthalmologists Society Meeting, Calcutta, '94.

Posters:

R Bourkiza, O Li, S D Shah-Desai "Large periocular BCC's : why the delay in presentation" Annual meeting of BOPSS, Bristol, June 2013.

Yesa Yang, S D Shah-Desai "Skin crease preserving modified open sky MMCR", Annual meeting of BOPSS, Bristol, June 2013.

A Litwin, S D Shah-Desai, R Malhotra "Two new cases of Metastatic BCC" Annual meeting of BOPSS, Bristol, June 2013.

A Sinha, S D Shah-Desai "Functional & Aesthetic outcomes of cicatricial upper lid ectropion repair" Annual meeting of BOPSS, Leicester, June 2012.

K Khurram, M Khan, S D Shah-Desai "Outcomes of Peri ocular skin cancer reconstruction" Annual meeting of BOPSS, Leicester, June 2012.

A Malik, S D Shah-Desai "The Sliding upper lid flap technique for upper eyelid reconstruction: Outcomes & complications" Annual meeting of BOPSS, Leicester, June 2012.

J Ho, S D Shah-Desai "Antibiotic use in delayed eyelid reconstruction post Mohs Micrographic Surgery for periocular skin cancers" Annual meeting of BOPSS, Leicester,

June 2012. S D Shah-Desai, T Flynn, G E Rose. "Outcome of ptosis repair : A digital image analysis" The 39th ASOPRS, Atlanta, USA, Nov 2008.

S D Shah-Desai, S Aslam, M Beaconsfield, G E Rose. "Use of Scleral contact lens in complex ptosis" The 39th ASOPRS, Atlanta, USA, Nov 2008.

Choong YY, Bell RWD, Shah-Desai S.D, Daya S. " Comparative Study of corneal and scleral tunnel cataract incision on the peripheral cornea by ORBSCAN" The Royal College of Ophthalmologists Congress, Glasgow, UK, April 1998.

Shah-Desai S.D, Hoe W, Daya S. "Amniotic membrane transplantation for the treatment of persistent corneal epithelial defects and ocular surface reconstruction" The Royal College of Ophthalmologists Congress, Birmingham, UK, April 1997.

Agarwal M, Shah-Desai S.D, "Ocular Wegeners Granulomatosis : A case report" 52nd. Annual Conference of All India Ophthalmologists Society Meeting, Calcutta, India 1994.

Video Presentations

Frimpong-Ansah, Murray A, Shah-Desai SD, Rose G.E. Canalicular trephine and intubation. The Royal College of Ophthalmologists Annual Congress, Birmingham, May 2001.

Shah-Desai SD, Duncan M, Manners RM. : The Manners clamp for Fasanella Servat. 17th ESOPRS, European Society of Ophthalmic Plastic Reconstructive Surgeons Oct 1999.

Invited Seminars

1. Periorbital Fillers, Anatomy and Complications. – Keynote at the Annual BOPSS meeting, Nottingham, June 19.
 2. Management of Complications and Anatomy session at 'Beauty Through Science" Stockholm June 2019
 3. "My way vs your way for periorbital rejuvenation, World Ophthalmology Congress Barcelona, June 2018
-
4. Chair of Peri-orbital Session – FACE 2018, London, June 2018.
 5. Mid-face Rejuvenation –Beauty through Face, Sweden, June 2018
 6. Full Facial Rejuvenation – Galderma Sponsored Australian Lecture Tour, Australia, April-May 2018
-
7. Peri-orbital masterclass ACE, London April 2018
 8. IMCAS Training village periorbital symposium , Paris, Jan 2018
 9. Periorbital Anatomy lecture, Annecy, Jan 2018
 10. Periorbital masterclasses, Benelux, Nov 2017
 11. Periorbital masterclasses, Lisbon, Oct 2017
 12. APRASSA meeting lectures on ptosis, blepharoplasty, ectropion & non surgical eyelid rejuvenation, South Africa Sept 2017
 13. Periorbital Masterclasses, China, June 2017
 14. Chairing Blepharoplasty Session, BOPSS Annual meeting, London June 2017
 15. Periorbital rejuvenation, BTS, Sweden, June 2017
 16. Full face rejuvenation, Lebanon, May 2017
 17. Periorbital & full face rejuvenation, Kuwait & Bahrain, May 2017
 18. Harmony Programme, China, April 2017
 19. Peri-orbital masterclass, Malaga, Spain Feb 2017
 20. Live Injection seminar, IMCAS, Paris Jan 2017
 21. Galderma Workshops, South Africa, Oct 2016

22. Periorbital Rejuvenation, BAAPS –CCR meeting, London Oct 2016
23. Medial Canthal fixation for epiphora, BOPSS annual meeting, Glasgow June 2016
24. Periorbital masterclass APAC, Bangkok, May 2016.
25. Facial Rejuvenation” – World Ophthalmology Congress, Guadalajara, Mexico 5-9th
26. Feb 2016. 25. “ Subtlety of Peri-orbital rejuvenation - World Ophthalmology Congress, Guadalajara, Mexico 5-9th Feb 2016.
27. Plexr Upper lid Blepharoplasty – A surgeons early journey, First International Aesthetic Medicine and Soft Surgery Conference, Athens, Greece 27-29th Nov 2015.
28. “Peri-orbital rejuvenation” FACE, London June 2015.
29. “Setting up a private practice” Confluence, Hyderabad, India 13-15th Dec 2013. “Case based discussion on blepharoplasty” Confluence, Hyderabad, India 13-15th Dec 2013. “International review of eyelid reconstruction” Confluence, Hyderabad, India 13-15th Dec 2013 “Transformers – Aesthetic Surgery – the great Debate” Confluence, Hyderabad, India 13-15th Dec 2013
30. “Evidence based update on management of periocular tumours” The 16th Nottingham Symposium, 27th Jan 2012.
31. “The Great Debate : Is posterior approach ptosis is the preferred method of ptosis correction in the UK ?” Sabrina Shah-Desai for & Tony Tyers against the motion. The Annual meeting of British Oculoplastic Surgery Society, Cardiff, UK, June 2011.
32. “MGD and evaporative dry eye”, BHR Hospital Ophthalmology Induction Course, 1st Romford, March 2011.
33. “Article 14 – A survivors guide” The annual congress of The Royal College of Ophthalmologists, Liverpool, May 2010.
34. “Article 14 & the new SAS contract” The Regional Allergan SAS study day, Guoman’s Hotel, Charring Cross, London, May 2010. 11 The Curriculum Vitae of Mrs. Sabrina Shah-Desai
35. “Epiphora & Medial Canthal Laxity” Joint Meeting of Asia Pacific Society of Ophthalmic Plastic Reconstructive Surgeons (APSOPRS) & Indian Oculoplastic Association, Hyderabad, India. Aug 2006.
36. “Role of medial wedge & Posterior lacrimal crest fixation” Joint Meeting of Asia Pacific Society of Ophthalmic Plastic Reconstructive Surgeons (APSOPRS) & Indian Oculoplastic Association, Hyderabad, India. Aug 2006.
37. “The Modified Koorneef technique for dysthyroid upper lid retraction” Laxmi Eye Institute, Panvel, India, 2006.
38. “Systematic Management of Ectropion.” Oculoplastic Symposium, Zurich, Switzerland, March 2006. 38. “Frontalis Brow Suspension : autogenous & non autogenous materials”. Oculoplastic Symposium, Zurich, Switzerland, March 2006.
39. “Dysthyroid Upper lid lowering : Pearls & Pitfalls” Oculoplastic Symposium, Zurich, Switzerland, March 2006.
40. “Principles of Eyelid reconstruction for malignant eyelid tumours” Eyelid Instruction Course, International Congress of Ocular Oncology, Hyderabad, India 2004.
41. “Sessions summary : Eyelid tumours” International Congress of Ocular Oncology, Hyderabad, India 2004.
42. “Management of Ptosis” Navi Mumbai Ophthalmologists Association Meet, Panvel, India. 2004. 43. “Ectropion Repair” National Oculoplastic Symposium & Workshop, LV Prasad Eye Institute, Hyderabad. 2004.
44. “Management of Adnexal Trauma” MOSCON 2001, 22nd. Annual Conference, Maharashtra Ophthalmological Society, Pune, India. 2002.
45. “Eyelid Reconstruction” Ophthatrendz, Annual Conference, Bombay Ophthalmologist’s Association, Mumbai, India. 2002. 46. “ Evaluation & Management of Ptosis ” Ophthatrendz, Annual Conference, Bombay Ophthalmologist’s Association, Mumbai, India. 2002.

-
47. "Eyelid Trauma" Ocular Trauma Symposium, P.D. Hinduja Hospital, Mumbai, India, 2001.
 48. "Management of Adnexal Trauma" Ocular Trauma Symposim, P. D. Hinduja Hospital, Mumbai, India, 2001.
 49. "Lemagne Procedure" World Trade Center, Oculoplastics Symposium, Mumbai, India, 2001.
 50. "Ectropion & Entropion" plastic Workshop, Jaslok Hospital, Mumbai, India.1999

Educational Course Instructor

Global Galderma KOL since 2016 TO 2019– travel to 4-6 countries annually and train international aesthetic practitioners on periorbital & facial rejuvenation Galderma Peri-orbital Masterclass
 Global KOL for Ellanse & Silhouette Soft, Sinclair Pharma since July 2019
 Global KOL for Teoxane since Sept 2019
 London 2015 to 2018, 2-4 courses/year. OFAA cadaver labs – 6 courses/year since 2016.
 Manchester Orbital, Lacrimal & Oculoplastic Cadaver Dissection Course Jan 2015, 2016, 2017, 2018. Coventry Cadaver Dissection Course Sept 2014,2015, 2016, 2017, 2018.
 AAO Skills Transfer Lab : Periocular rejuvenation with Botox & Fillers on silicone heads, Nov 2014 & 2015.
 Wetlab on Botox & Fillers : Confluence, Hyderabad, India 13-15th Dec 2013
 North East London Cancer Network Study day: " Periocular skin cancers" May'12.
 Essex GP study day "An update on treatment of dry eye" Ilford, 22nd Jan 2012. BHR Grand Rounds : Systemic diseases affecting the eyes " Peri ocular cutaneous manifestations of systemic Sarcoidosis" Queens Hospital,
 14th Oct 2011. Neck & Facial injury Trauma Study day, Queens Hospital, Romford, 13th June 2012. "Management of eye injuries" Royal Society of Medicine : Undergraduate Ophthalmology Educational Day " The Art, Science & Imagination of Oculoplastics",
 20th March 2011. Essex Skull Base Group "Facial Palsy Update" Queens Hospital,
 11th March 2011. BHR Ophthalmic Unit Induction " Ocular examination techniques", Queens Hospital,
 1st March 2011. BHR Regional A&E update course, "Management of Ophthalmic Emergencies" 6th Feb, Romford, Essex. "Negotiating article 14" Allergan SAS regional study day, London, May 2010. " Common Eyelid lesions" Regional Optometric Conference, Essex,
 April 2010. "Periocular Aesthetics & thyroid eye disease" Regional SAS study day, Allergan,
 13th Nov 2009. "Update on Management of periocular cutaneous cancers" Regional SAS study day, Allergan,
 8th Oct 2009. "Aesthetics of the lower lid & midface". South West regional study day, Western Eye Hospital,
 9th Jan 2009. Moorfields Eye Hospital Fellowship course: "Periocular tumours & their management", London 24th June 2008. Lacrimal & Eyelid Symposium, Joint Meeting of Asia Pacific Society of Ophthalmic Plastic Reconstructive Surgeons (APSOPRS) & Indian Oculoplastic Association, Hyderabad, 15 – 16th Dec 2007. "Clinical features of periocular cutaneous malignancies", South Thames Regional Study Day, St Georges Hospital, London, 6th Nov 2007. "Surgical correction of dysthyroid upper lid retraction", South Thames Regional Study Day, St Georges Hospital, London, 6th Nov 2007.
 13 The Curriculum Vitae of Mrs. Sabrina Shah-Desai "Periocular Tumours" SAS Study Day, London, 7th March 2008. Management of dysthyroid upper lid retraction, Royal Free Hospital, Study afternoon. 30th March 2007. Oculoplastic Workshop, Course Instructor, All India Ophthalmological Society (AIOS) Annual Meeting,

Feb 2006, Bhopal, India. North Thames Specialist Registrar Adnexal Teaching, Moorfields Eye Hospital, Oct 2005, London, UK. Oculoplastic Live Surgery Course, LV Prasad Eye Institute, Hyderabad, India, 2005. Oculoplastic Oncology Course Instructor - ICOO 2004 11th International Congress of Ocular Oncology, Hyderabad, India,
 Jan 2004. Oculoplastic Course Instructor, Ophthatrendz, Bombay Ophthalmologists Annual Conference. Mumbai, India.
 Feb 2001. Oculoplastic Course Instructor, Moorfields Eye Hospital, City Road, London, UK, 2000. Corneal & Oculoplastic Course Instructor Corneo-Plastic Course. The Queen Victoria Hospital, East Grinstead, UK,
 1996 to 1997 (4 courses) Trauma Course : " Ocular Trauma and interpretation of Hess charts." Maxillo-facial Trauma Course, The Queen Victoria Hospital, East Grinstead, UK,
 1997. Plastic Surgery Basics Course : "Ocular Trauma" The Queen Victoria Hospital, East Grinstead, UK, 1996. Meetings & Colloquia 1. BHR Grand Rounds : Periocular Sarcoid, Romford, UK,
 14th Oct 2011. 2. Essex pituitary Group Meeting, Romford, UK, July 2010. 3. "Just a ectropion", Thames Oculoplastic Group meeting, Maidstone, UK, June 2008. 4. "A notch too many", Thames Oculoplastic Group Meeting, East Grinstead, UK, June 2006.
 "Brow Imbalance" Thames Oculoplastic Group Meeting, East Grinstead, UK, June 2006

Academic Awards

June 2010 : Best Oral Presentation "Stability of eyelid eight after graded anterior-approach lid lowering for dysthyroid upper lid retraction" at British OculoPlastic Surgery Society (BOPSS) Annual meeting, Edinburgh, UK.

1989-1990 : Distinction in ENT & Ophthalmology, Mumbai, India.

1989 : 2nd. Prize in Inter-Municipal College's Competitive Exam. in Ophthalmology, Mumbai, India.

1986: Distinction in Biochemistry, Mumbai, India.

Professional Awards

Safety in beauty Diamond Award for best Independent Aesthetic training academy 2019

Highly Commended "Surgeon of the year" Safety in Beauty award 2016

Clinical Excellence Award, BHR University Hospital NHS Trust 2013