



Getu Gamo Sagaro

ABOUT ME

An innovative lecturer and researcher in public health with more than five years' experience. Strong and dynamic communicator with experience in teaching, research, and proposal writing for funding. Mentors undergraduate and graduate students. Dedicated to the teaching-learning process. Experience with curriculum development and challenging classroom projects. Provided career guidance and academic preparation to students. In collaboration with other professors at the school of public health, developed interesting, relevant courses for promising undergraduates. A motivated Senior Manager with five years' experience in establishing comprehensive annual work plans and providing leadership training to management teams and employees. Researcher and author of several epidemiological studies on CVD and its risk factors, nutrition, and other public health issues. Proactive, punctual, and highly organized with a team-oriented approach. Excited about gaining experience to enhance skills and facilitate organizational growth.

WORK EXPERIENCE

[02/01/2019 – 16/04/2022] **Doctoral Research Fellow**

University of Camerino

City: Camerino

Country: Italy

Main activities and responsibilities:

- Carried out and published various epidemiological studies on cardiovascular diseases and risk factors during my Ph.D. studies.
- Developed telemedicine strategies for cardiovascular disease prevention and control.
- Prepared different project proposals related to CVD to apply for funding.
- Mentored and assessed masters' students' presentations.
- Participated in several scientific conferences and presented papers orally and as posters.

[29/06/2015 – 30/11/2018] **Lecturer**

School of Public Health, College of Health Sciences and Medicine, Wolaita Sodo University

City: Wolaita Sodo

Country: Ethiopia

Main activities and responsibilities:

- Delivered lectures on public health, research methodology, and communicable disease control to BSc nursing and public health students.
- Supervised and assessed student presentations.
- Conducted research and provided community service on various public health issues.
- In collaboration with International Medical Corps (IMC), conducted baseline and end-line surveys on health and nutrition-related projects.
- In collaboration with the SNNPR's Health Bureau, organizing and delivering knowledge and skill-enhancing training in areas such as cold chain management, IDSR, and Health Management Information Systems to enhance the knowledge and skills of health workers.

[31/08/2012 – 27/06/2015] **Managing Directorate Director and Instructor**

School of Public Health, College of Health Sciences and Medicine, Wolaita Sodo University.

City: Wolaita Sodo

Country: Ethiopia

Main activities and responsibilities:

- Managing, coordinating, leading, monitoring, and evaluating college administrative and hospital technical activities.
- Provided community health services and conducted research on different public health issues (such as patient satisfaction, EPI coverage, and Impact assessment of Rotavirus vaccination).
- Managing and authorizing financial and other resources for efficient and effective utilization in order to improve health services
- Developing an annual and strategic plan and budget in collaboration with the medical director and other department heads.
- Compiling and submitting monthly, quarterly, and annual reports to the Zonal health department, the regional health bureau, and the Federal Ministry of Health.

[31/08/2011 – 30/08/2012] **Chief executive officer (CEO)**

Wolaita Sodo General Hospital, Southern Nations Nationalities and People Regional State(SNNPR)

City: Wolaita Sodo

Country: Ethiopia

Main activities and responsibilities:

- Developing a comprehensive annual work plan and budget in collaboration with the hospital's medical director.
- Planning for strengthening health care financing in order to improve access, quality, and utilization of high-impact maternal and child health programs, such as family planning, antenatal care, delivery services, and emergency obstetric care.
- Authorizing and managing finance and budget, procurement and property administration, and other resources
- for the efficient and effective utilization to improve hospital activities
- Conducting annual performance appraisals of staff members.
- Compiling and submitting monthly, quarterly, and annual hospital activity reports to the zone health department and the regional health bureau.

[30/04/2011 – 30/08/2011] **Public Health Emergency Management Core Process Coordinator**

Wolaita Zone Health Department, Southern Nations Nationalities and People Regional State(SNNPR)

City: Wolaita Sodo

Country: Ethiopia

Main activities and responsibilities:

- Establishing a comprehensive annual plan for public health emergency early-warning and preparedness at the Zone level and cascading to 15 districts of the Wolaita Zone.
- Strengthening WHO's integrated disease surveillance efforts in the platform for eradicating polio.
- Coordinated and actively involved in micro-planning of the Wolaita Zone NIDs campaign plan.
- Coordinated the planning, detection, and early and prompt response to epidemics using a quality surveillance system.

[20/08/2008 – 29/04/2011] **Director of District Health Office**

Kindo Didaye District, Wolaita Zone, SNNPR

City: Halale

Country: Ethiopia

Main activities and responsibilities:

- Planning, coordinating and monitoring the implementation of the health sector development program (HSDP) based on Zonal and Regional strategy.
- Preparing public health emergency early - warning and preparedness annual plan based on the district public health situation and depending upon the usually emerging disease.
- Establishing a rapid assessment team at the district level and preparing a Term of reference [TOR] and giving training to them.
- Implementing routine immunization programs and ensuring access for all eligible children in the district.
- Planning and implementing the integrated disease surveillance in the health system and monitoring diseases under surveillance for control.

[02/10/2007 – 19/08/2008] **Health Professional and Supervisor of Health Extension Worker**

Mejo Health Center, Aroessa Woreda/District, Sidama Zone, SNNPR

City: Mejo

Country: Ethiopia

Main activities and responsibilities:

- Immunizing the eligible children with different vaccines such as BCG, Polio, DPT (PENTA), and measles.
- Preparing outreach program schedule and providing vaccines to eligible children and pregnant mothers at the outreach level.
- Supporting health extension workers and receiving EPI reports based on standard report format.
- Planning and conducting outreach programs like EPI, FP, and health education on the prevention of communicable diseases for the community.
- Assessing cold chain management: Placement & arrangements of Vaccines in Refrigerators, VVM status.
- Properly filling out the EPI monitoring chart, monitoring adverse effects in immunization, coordinating NIDs of measles and polio, and coordinating TT mass campaign.
- Creating awareness about EPI through social mobilization, counseling mothers or caregivers regarding EPI use.

EDUCATION AND TRAINING

[02/01/2019 – 16/04/2022] **PhD in One Health**

University of Camerino www.unicam.it

Address: Via Madonna Della Carceri 9, 62032, Camerino, Italy

[23/07/2013 – 27/06/2015] **Masters in Public Health (MPH)**

Wolaita Sodo University, College of health sciences and medicine, school of public health

Address: Wolaita Sodo University, 138, Wolaita Sodo, Ethiopia

[15/11/2004 – 23/08/2007] **Bachelor of Science (B.Sc.) in Nursing**

Addis Ababa University <http://www.aau.edu.et/>

Address: Addis Ababa University, 1176, Addis Ababa, Ethiopia

LANGUAGE SKILLS

Mother tongue(s): Wolaitegna/Wolaita language/

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

DIGITAL SKILLS

Microsoft Excel | Microsoft Powerpoint | Instagram | Social Media | Zoom | Microsoft Office | Skype | Facebook | LinkedIn | Twitter | Internet user | Outlook | Power Point | Written and Verbal skills | Organizational and planning skills | Good listener and communicator | Team-work oriented | Strategic Planning | Analytical skills | Decision-making | Presenting | Gmail | WhatsApp | Reliability | Responsibility | Research and analytical skills | Critical thinking | Excellent writing and verbal communication skills | Stata 15 | Quantitative data analysis | Regression(Logistic& Regression) | IBM Statistical Package for the Social Sciences (SPSS) - Utilizador Independente | Qualitative data analysis | Data VisualizationTableau(Data Analysis)Data Management | R Statistical Package | Google Docs

PUBLICATIONS

Sagaro, G. G., Battineni, G., Di Canio, M., & Amenta, F. (2021). Self-Reported Modifiable Risk Factors of Cardiovascular Disease among Seafarers: A Cross-Sectional Study of Prevalence and Clustering. *Journal of personalized medicine*, 11(6), 512. <https://doi.org/10.3390/jpm11060512>

Sagaro GG, Battineni G, Di Canio M, Minciacchi A, Nittari G, Amenta F. A descriptive epidemiological study of cardiovascular diseases among seafarers. *Int Marit Health*. 2021;72(4):252-258. doi: 10.5603/IMH.2021.0049. PMID: 35146743.

Sagaro, G. G., Dicanio, M., Battineni, G., Samad, M. A., & Amenta, F. (2021). Incidence of occupational injuries and diseases among seafarers: a descriptive epidemiological study based on contacts from onboard ships to the Italian Telemedical Maritime Assistance Service in Rome, Italy. *BMJ open*, 11(3), e044633. <https://doi.org/10.1136/bmjopen-2020-044633>

Sagaro, G. G., Di Canio, M., Talevi, E., & Amenta, F. (2021). Telemedicine for Pre-Employment Medical Examinations and Follow-Up Visits on Board Ships: A Narrative Review on the Feasibility. *Healthcare (Basel, Switzerland)*, 9(1), 69. <https://doi.org/10.3390/healthcare9010069>

Sagaro, G. G., & Amenta, F. (2020). Past, present, and future perspectives of telemedical assistance at sea: a systematic review. *International maritime health*, 71(2), 97–104. <https://doi.org/10.5603/IMH.2020.0018>

Sagaro, G. G., Di Canio, M., & Amenta, F. (2021). Correlation between body mass index and blood pressure in seafarers. *Clinical and experimental hypertension (New York, N.Y. : 1993)*, 43(2), 189–195. <https://doi.org/10.1080/10641963.2020.1836193>

Sagaro, G. G., Battineni, G., Chintalapudi, N., Di Canio, M., & Amenta, F. (2020). Telemedical assistance at sea in the time of COVID-19 pandemic. *International maritime health*, 71(4), 229–236. <https://doi.org/10.5603/IMH.2020.0041>

Sagaro GG, Battineni G, Amenta F (2020) Barriers to sustainable telemedicine implementation in Ethiopia: A systematic review, *Telemedicine Reports* 1:1, 8–15, DOI: 10.1089/tmr.2020.0002.

Getu Gamo Sagaro, Mihiretu Alemayehu, Dietary Diversity and Associated Factors Among Infants and Young Children in Wolaita Zone, Southern Ethiopia, *Science Journal of Clinical Medicine*. Vol. 6, No. 4, 2017, pp. 53-59. doi: 10.11648/j.sjcm.20170604.12

Getu Gamo Sagaro, Alemayehu Worku Yalew, Mengistu Meskele Koyira, Patients' Satisfaction and Associated Factors Among Outpatient Department at Wolaita Sodo University Teaching Hospital, Southern Ethiopia: A Cross Sectional Study, *Science Journal of Clinical Medicine*. Vol. 4, No. 5, 2015, pp. 109-116. doi: 10.11648/j.sjcm.20150405.16

Battineni, G., Baldoni, S., Chintalapudi, N., Sagaro, G. G., Pallotta, G., Nittari, G., & Amenta, F. (2020). Factors affecting the quality and reliability of online health information. *Digital health*, 6, 2055207620948996. <https://doi.org/10.1177/2055207620948996>

Battineni, G., Sagaro, G. G., Chinatalapudi, N., & Amenta, F. (2020). Applications of Machine Learning Predictive Models in the Chronic Disease Diagnosis. *Journal of personalized medicine*, 10(2), 21. <https://doi.org/10.3390/jpm10020021>

Chintalapudi, N., Battineni, G., Sagaro, G. G., & Amenta, F. (2020). COVID-19 outbreak reproduction number estimations and forecasting in Marche, Italy. *International journal of infectious diseases : IJID : official publication of the International Society for Infectious Diseases*, 96, 327–333. <https://doi.org/10.1016/j.ijid.2020.05.029>

Baldoni, S., Pallotta, G., Traini, E., Sagaro, G. G., Nittari, G., & Amenta, F. (2020). A survey on feasibility of telehealth services among young Italian pharmacists. *Pharmacy practice*, 18(3), 1926. <https://doi.org/10.18549/PharmPract.2020.3.1926>

Battineni, G., Sagaro, G. G., Chintalapudi, N., & Amenta, F. (2020). Conceptual Framework and Designing for a Seafarers' Health Observatory (SHO) Based on the Centro Internazionale Radio Medico (C.I.R.M.) Data Repository. *TheScientificWorldJournal*, 2020, 8816517. <https://doi.org/10.1155/2020/8816517>

Petrelli, F., Cangelosi, G., Scuri, S., Pantanetti, P., Lavoragna, F., Faldetta, F., De Carolis, C., Rocchi, R., Debernardi, G., Florescu, A., Nittari, G., Sagaro, G. G., Garda, G., Nguyen, C., & Grappasonni, I. (2020). Diabetes and technology: A pilot study on the management of patients with insulin pumps during the COVID-19 pandemic. *Diabetes research and clinical practice*, 169, 108481. <https://doi.org/10.1016/j.diabres.2020.108481>

Chuma, B. T., Sagaro, G. G., & Astawesegn, F. H. (2020). Magnitude and Predictors of Antenatal Depression among Pregnant Women Attending Antenatal Care in Sodo Town, Southern Ethiopia: Facility-Based Cross-Sectional Study. *Depression research and treatment*, 2020, 6718342. <https://doi.org/10.1155/2020/6718342>

Battineni, G., Sagaro, G. G., Chintalapudi, N., Amenta, F., Tomassoni, D., & Tayebati, S. K. (2021). Impact of Obesity-Induced Inflammation on Cardiovascular Diseases (CVD). *International journal of molecular sciences*, 22(9), 4798. <https://doi.org/10.3390/ijms22094798>

Battineni, G., Sagaro, G. G., Chintalapudi, N., & Amenta, F. (2021). The Benefits of Telemedicine in Personalized Prevention of Cardiovascular Diseases (CVD): A Systematic Review. *Journal of personalized medicine*, 11(7), 658. <https://doi.org/10.3390/jpm11070658>

Sotiris, T. G., Nittari, G., Sagaro, G. G., & Amenta, F. (2021). A Descriptive Study on the Applications of Plasma Exeresis in Dermatology. *The Journal of clinical and aesthetic dermatology*, 14(3), E58–E62.

Battineni, G., Sagaro, G. G., Chintalapudi, N., Di Canio, M., & Amenta, F. (2021). Assessment of Awareness and Knowledge on Novel Coronavirus (COVID-19) Pandemic among Seafarers. *Healthcare (Basel, Switzerland)*, 9(2), 120. <https://doi.org/10.3390/healthcare9020120>

Nittari, G., Sagaro, G. G., Feola, A., Scipioni, M., Ricci, G., & Sirignano, A. (2021). First Surveillance of Violence against Women during COVID-19 Lockdown: Experience from "Niguarda" Hospital in Milan, Italy. *International journal of environmental research and public health*, 18(7), 3801. <https://doi.org/10.3390/ijerph18073801>

Fanta M, Lemma S, Sagaro GG, Meskele M. Factors associated with adolescent–parent communication of reproductive health issues among high school and preparatory students in Boditi town, Southern Ethiopia: a cross-sectional study. *Patient Intelligence*. 2016;8:57-70 <https://doi.org/10.2147/PI.S97838>

RECOMMENDATIONS

Name: Prof. Francesco Amenta

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School of Pharmaceutical Sciences and Health Products

University of Camerino

Telemedicine and Telefarmacia Center

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I hereby declare that the information provided above is true to the best of my knowledge and belief.

Camerino, Italy, 29/04/2022

Getu Gamo Sagaro