



● **ABOUT ME**

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An innovative lecturer and researcher in public health with more than seven years' of experience. Strong and dynamic communicator with experience in teaching, research, and proposal writing for funding. Mentors undergraduate and graduate students. Dedicated to the teaching-learning process. Experience with curriculum development and challenging classroom projects. Provided career guidance and academic preparation to students. In collaboration with other professors at the School of Public Health, I developed interesting, relevant courses for promising undergraduates. A motivated Senior Manager with five years of experience in establishing comprehensive annual work plans and providing leadership training to management teams and employees. Researcher and author of several epidemiological studies on CVD and its risk factors, nutrition, and other public health issues. Proactive, punctual, and highly organized with a team-oriented approach. Excited about gaining experience to enhance skills and facilitate organizational growth.

● **WORK EXPERIENCE**

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15/06/2022 – CURRENT Camerino, Italy

**POSTDOCTORAL FELLOW UNIVERSITY OF CAMERINO**

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Project: Epidemiological Observatory of Seafarers' Pathologies and Injuries (OSPIEMARE)

As a Postdoctoral Fellow on the project OSPIEMARE, my responsibilities include:

- Extracting relevant data from Centro Internazionale Radio Medical (C.I.R.M.) databases, cleaning and organizing it for analysis.
- Contributing to the development of data collection tools, identifying appropriate methods for data collection, and conducting questionnaire-based surveys among seafarers.
- Identifying relevant research questions, selecting appropriate statistical methods, and conducting statistical analyses using different statistical software such as R, STATA, SPSS, and other programming languages to generate meaningful findings.
- Contributing to the drafting of manuscripts derived from the project (research papers, conference abstracts, and book chapters) and publishing them in reputable journals.
- Attending public health congresses and presenting research findings: I actively participate in public health congresses, conferences, and workshops to present research findings from the project.
- Contributing to the development of an epidemiological data repository. This repository serves as a centralized resource housing the project's data, making it accessible to researchers, policymakers, and other stakeholders.
- Writing research protocols that serve as guides for the research activities and ensure standardization and consistency.
- Preparing progress annual reports of the project and submitting them to the University.
- Undertaking additional research activities such as systematic reviews, meta-analyses, and other relevant studies.

29/06/2015 – 30/11/2018 Wolaita Sodo, Ethiopia

**LECTURER SCHOOL OF PUBLIC HEALTH, COLLEGE OF HEALTH SCIENCES AND MEDICINE, WOLAITA SODO UNIVERSITY**

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- Delivered lectures on public health, research methodology, and communicable disease control to BSc nursing and public health students.
- Evaluated and revised lesson plans and course content to achieve student-centered learning.
- Used variety of learning modalities and support materials to facilitate the learning process and accentuate presentations.
- Collaborated with faculty and staff to create meaningful learning experiences.
- Mentored and advised students to explore career pathways based on and amplify knowledge, skills, and strengths.
- Conducted individual research projects to actively contribute to the institution's research work.
- Participated in conferences and professional development opportunities to stay up-to-date with the latest trends in the field.
- Developed and implemented innovative teaching strategies to engage students in lectures and coursework.

31/08/2012 – 27/06/2015 Wolaita Sodo, Ethiopia

**MANAGING DIRECTORATE DIRECTOR AND INSTRUCTOR COLLEGE OF HEALTH SCIENCES AND MEDICINE, WOLAITA SODO UNIVERSITY.**

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- Managed, coordinated, monitored, and evaluated college administrative and technical activities.
- Managed and authorized financial and other resources for efficient and effective utilization in order to improve health services.
- Developed an annual strategic plan in collaboration with the medical director and other department heads.
- Compiled and submitted monthly, quarterly, and annual reports to the Zonal health department, the regional health bureau, and the Federal Ministry of Health, Ethiopia.

31/08/2011 – 30/08/2012 Wolaita Sodo, Ethiopia

**CHIEF EXECUTIVE OFFICER (CEO) WOLAITA SODO GENERAL HOSPITAL, SOUTHERN NATIONS NATIONALITIES AND PEOPLE REGIONAL STATE(SNNPR)**

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- Developed a comprehensive annual work plan in collaboration with the hospital's medical director.
- Planned for strengthening health care financing in order to improve access, quality, and utilization of high-impact maternal and child health programs, such as family planning, antenatal care, delivery services, and emergency obstetric care.
- Authorized and managed finance and budget, procurement and property administration, and other resources for efficient and effective utilization to improve hospital activities.
- Compiled and submitted monthly, quarterly, and annual hospital activity reports to the zone health department and the regional health bureau.

30/04/2011 – 30/08/2011 Wolaita Sodo, Ethiopia

**PUBLIC HEALTH EMERGENCY MANAGEMENT CORE PROCESS COORDINATOR WOLAITA ZONE HEALTH DEPARTMENT, SOUTHERN NATIONS NATIONALITIES AND PEOPLE REGIONAL STATE(SNNPR)**

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- Maintained current understanding of local, regional, and federal guidelines for emergency response.
- Established a comprehensive annual plan for public health emergency early warning and preparedness at the Zone level and cascading to 15 districts of the Wolaita Zone.
- Coordinated the planning, detection, and early and prompt response to epidemics using a quality surveillance system.
- Kept informed of activities or changes that could affect the likelihood of emergencies, factors that could affect response efforts, and details of plan implementation.
- Built and strengthened relationships to manage effective planning and implementation of emergency response strategies.
- Collaborated with stakeholders to prepare plans and procedures to respond to emergency scenarios.
- Utilized comprehensive risk analysis to identify, assess, and manage emergency management risks.
- Worked well in a team setting, providing support and guidance.

20/08/2008 – 29/04/2011 Halale, Ethiopia

**DIRECTOR OF DISTRICT HEALTH OFFICE KINDO DIDAYE DISTRICT, WOLAITA ZONE, SNNPR**

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- Planned, coordinated, and monitored the implementation of the health sector development program (HSDP) based on Zonal and Regional strategies.
- Established a rapid assessment team at the district level and prepared a Term of reference [TOR] and provided training to them.
- Implemented routine immunization programs and ensured access for all eligible children in the district.
- Planned and implemented integrated disease surveillance in the health system and monitored diseases under surveillance for control.
- Worked closely with organizational leadership and the board of directors to guide operational strategy.
- Oversaw operations and provided corrective feedback to achieve daily and long-term goals.
- Developed project budgets and managed production costs.

02/10/2007 – 19/08/2008 Mejo, Ethiopia

**HEALTH PROFESSIONAL AND SUPERVISOR OF HEALTH EXTENSION WORKER MEJO HEALTH CENTER, AROESSA WOREDA/DISTRICT, SIDAMA ZONE, SNNPR**

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- Prepared outreach program schedule and provided vaccines to eligible children and pregnant mothers at the outreach level.
- Immunized the eligible children with different vaccines such as BCG, Polio, DPT (PENTA), and measles.
- Supported health extension workers and received EPI reports based on standard report format.
- Planned and conducted outreach programs like EPI, FP, and health education on the prevention of communicable diseases for the community.
- Assessed cold chain management: Placement & arrangements of Vaccines in Refrigerators, VVM status.
- Created awareness about EPI through social mobilization, and counseling mothers or caregivers regarding EPI use.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Administered medications via oral, IV, and intramuscular injections and monitored responses.

● **EDUCATION AND TRAINING**

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02/01/2019 – 06/06/2022 Camerino, Italy

**PHD IN LIFE AND HEALTH SCIENCES, ONE HEALTH University of Camerino**

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**Address** Via Madonna Della Carceri 9, 62032, Camerino, Italy | **Website** [www.unicam.it](http://www.unicam.it)

23/07/2013 – 27/06/2015 Wolaita Sodo, Ethiopia

**MASTERS IN PUBLIC HEALTH (MPH) Wolaita Sodo University, College of health sciences and medicine, school of public health**

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**Address** Wolaita Sodo University, 138, Wolaita Sodo, Ethiopia

15/11/2004 – 23/08/2007 Addis Ababa, Ethiopia

**BACHELOR OF SCIENCE (B.SC.) IN NURSING Addis Ababa University**

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**Address** Addis Ababa University, 1176, Addis Ababa, Ethiopia | **Website** <http://www.aau.edu.et/>

● **LANGUAGE SKILLS**

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Mother tongue(s): **WOLAITEGNA/WOLAITA LANGUAGE/**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C2	C2	C2

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ITALIAN</b>	A2	A2	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● **DIGITAL SKILLS**

Microsoft Excel | Microsoft Powerpoint | Instagram | Social Media | Zoom | Microsoft Office | Skype | Facebook | LinkedIn | Twitter | Internet user | Outlook | Power Point | Written and Verbal skills | Organizational and planning skills | Good listener and communicator | Team-work oriented | Strategic Planning | Analytical skills | Decision-making | Presenting | Gmail | WhatsApp | Reliability | Responsibility | Research and analytical skills | Critical thinking | Excellent writing and verbal communication skills | Stata 15 | Quantitative data analysis | Regression(Logistic& Regression) | IBM Statistical Package for the Social Sciences (SPSS) - Utilizador Independente | Qualitative data analysis | Data VisualizationTableau(Data Analysis)Data Management | Google Docs | R Programming language | Microsoft: Microsoft Word, Microsoft PowerPoint, Microsoft Outlook, Microsoft Teams

## ● **PUBLICATIONS**

Sagaro GG, Di Canio M, Battineni G, Ricci G, Amenta F. Self-reported diabetes mellitus among seafarers: occupational and sociodemographic predictors. *Int Marit Health*. 2024;75(1):19-28. doi:10.5603/imh.98289

Sagaro GG, Angeloni U, Battineni G, et al. Risk prediction model of self-reported hypertension for telemedicine based on the sociodemographic, occupational and health-related characteristics of seafarers: a cross-sectional epidemiological study. *BMJ Open*. 2023;13(10):e070146. Published 2023 Oct 4. doi:10.1136/bmjopen-2022-070146

Sagaro GG, Angeloni U, Marotta C, et al. The Magnitude of Cardiovascular Disease Risk Factors in Seafarers from 1994 to 2021: A Systematic Review and Meta-Analysis. *J Pers Med*. 2023;13(5):861. Published 2023 May 20. doi:10.3390/jpm13050861

Sagaro GG, Traini E, Amenta F. Activity of Choline Alphoscerate on Adult-Onset Cognitive Dysfunctions: A Systematic Review and Meta-Analysis. *J Alzheimers Dis*. 2023;92(1):59-70. doi:10.3233/JAD-221189

Sagaro, G. G., Battineni, G., Di Canio, M., & Amenta, F. (2021). Self-Reported Modifiable Risk Factors of Cardiovascular Disease among Seafarers: A Cross-Sectional Study of Prevalence and Clustering. *Journal of personalized medicine*, 11(6), 512. <https://doi.org/10.3390/jpm11060512>

Sagaro GG, Battineni G, Di Canio M, Minciocchi A, Nittari G, Amenta F. A descriptive epidemiological study of cardiovascular diseases among seafarers. *Int Marit Health*. 2021;72(4):252-258. doi: 10.5603/IMH.2021.0049. PMID: 35146743.

Sagaro, G. G., Dicario, M., Battineni, G., Samad, M. A., & Amenta, F. (2021). Incidence of occupational injuries and diseases among seafarers: a descriptive epidemiological study based on contacts from onboard ships to the Italian Telemedical Maritime Assistance Service in Rome, Italy. *BMJ open*, 11(3), e044633. <https://doi.org/10.1136/bmjopen-2020-044633>

Sagaro GG, Amenta F. Choline-Containing Phospholipids in Stroke Treatment: A Systematic Review and Meta-Analysis. *J Clin Med*. 2023;12(8):2875. Published 2023 Apr 14. doi:10.3390/jcm12082875

Sagaro, G. G., Di Canio, M., Talevi, E., & Amenta, F. (2021). Telemedicine for Pre-Employment Medical Examinations and Follow-Up Visits on Board Ships: A Narrative Review on the Feasibility. *Healthcare (Basel, Switzerland)*, 9(1), 69. <https://doi.org/10.3390/healthcare9010069>

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Sagaro, G. G., & Amenta, F. (2020). Past, present, and future perspectives of telemedical assistance at sea: a systematic review. *International maritime health*, 71(2), 97–104. <https://doi.org/10.5603/IMH.2020.0018>

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Sagaro, G. G., Di Canio, M., & Amenta, F. (2021). Correlation between body mass index and blood pressure in seafarers. *Clinical and experimental hypertension (New York, N.Y. : 1993)*, 43(2), 189–195. <https://doi.org/10.1080/10641963.2020.1836193>

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Sagaro, G. G., Battineni, G., Chintalapudi, N., Di Canio, M., & Amenta, F. (2020). Telemedical assistance at sea in the time of COVID-19 pandemic. *International maritime health*, 71(4), 229–236. <https://doi.org/10.5603/IMH.2020.0041>

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Sagaro GG, Battineni G, Amenta F (2020) Barriers to sustainable telemedicine implementation in Ethiopia: A systematic review, *Telemedicine Reports* 1:1, 8–15, DOI: 10.1089/tmr.2020.0002.

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Getu Gamo Sagaro, Mihiretu Alemayehu, Dietary Diversity and Associated Factors Among Infants and Young Children in Wolaita Zone, Southern Ethiopia, *Science Journal of Clinical Medicine*. Vol. 6, No. 4, 2017, pp. 53-59. doi: 10.11648/j.sjcm.20170604.12

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Getu Gamo Sagaro, Alemayehu Worku Yalew, Mengistu Meskele Koyira, Patients' Satisfaction and Associated Factors Among Outpatient Department at Wolaita Sodo University Teaching Hospital, Southern Ethiopia: A Cross Sectional Study, *Science Journal of Clinical Medicine*. Vol. 4, No. 5, 2015, pp. 109-116. doi: 10.11648/j.sjcm.20150405.16

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Battineni, G., Baldoni, S., Chintalapudi, N., Sagaro, G. G., Pallotta, G., Nittari, G., & Amenta, F. (2020). Factors affecting the quality and reliability of online health information. *Digital health*, 6, 2055207620948996. <https://doi.org/10.1177/2055207620948996>

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Battineni, G., Sagaro, G. G., Chinatalapudi, N., & Amenta, F. (2020). Applications of Machine Learning Predictive Models in the Chronic Disease Diagnosis. *Journal of personalized medicine*, 10(2), 21. <https://doi.org/10.3390/jpm10020021>

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Chintalapudi, N., Battineni, G., Sagaro, G. G., & Amenta, F. (2020). COVID-19 outbreak reproduction number estimations and forecasting in Marche, Italy. *International journal of infectious diseases : IJID : official publication of the International Society for Infectious Diseases*, 96, 327–333. <https://doi.org/10.1016/j.ijid.2020.05.029>

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Baldoni, S., Pallotta, G., Traini, E., Sagaro, G. G., Nittari, G., & Amenta, F. (2020). A survey on feasibility of telehealth services among young Italian pharmacists. *Pharmacy practice*, 18(3), 1926. <https://doi.org/10.18549/PharmPract.2020.3.1926>

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Battineni, G., Sagaro, G. G., Chintalapudi, N., & Amenta, F. (2020). Conceptual Framework and Designing for a Seafarers' Health Observatory (SHO) Based on the Centro Internazionale Radio Medico (C.I.R.M.) Data Repository. *TheScientificWorldJournal*, 2020, 8816517. <https://doi.org/10.1155/2020/8816517>

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Petrelli, F., Cangelosi, G., Scuri, S., Pantanetti, P., Lavorgna, F., Faldetta, F., De Carolis, C., Rocchi, R., Debernardi, G., Florescu, A., Nittari, G., Sagaro, G. G., Garda, G., Nguyen, C., & Grappasonni, I. (2020). Diabetes and technology: A pilot study on the management of patients with insulin pumps during the COVID-19 pandemic. *Diabetes research and clinical practice*, 169, 108481. <https://doi.org/10.1016/j.diabres.2020.108481>

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**Chuma, B. T., Sagaro, G. G., & Astawesegn, F. H. (2020). Magnitude and Predictors of Antenatal Depression among Pregnant Women Attending Antenatal Care in Sodo Town, Southern Ethiopia: Facility-Based Cross-Sectional Study. Depression research and treatment, 2020, 6718342. <https://doi.org/10.1155/2020/6718342>**

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**Battineni, G., Sagaro, G. G., Chintalapudi, N., Amenta, F., Tomassoni, D., & Tayebati, S. K. (2021). Impact of Obesity-Induced Inflammation on Cardiovascular Diseases (CVD). International journal of molecular sciences, 22(9), 4798. <https://doi.org/10.3390/ijms22094798>**

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**Battineni, G., Sagaro, G. G., Chintalapudi, N., & Amenta, F. (2021). The Benefits of Telemedicine in Personalized Prevention of Cardiovascular Diseases (CVD): A Systematic Review. Journal of personalized medicine, 11(7), 658. <https://doi.org/10.3390/jpm11070658>**

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**Sotiris, T. G., Nittari, G., Sagaro, G. G., & Amenta, F. (2021). A Descriptive Study on the Applications of Plasma Exeresis in Dermatology. The Journal of clinical and aesthetic dermatology, 14(3), E58–E62.**

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**Battineni, G., Sagaro, G. G., Chintalapudi, N., Di Canio, M., & Amenta, F. (2021). Assessment of Awareness and Knowledge on Novel Coronavirus (COVID-19) Pandemic among Seafarers. Healthcare (Basel, Switzerland), 9(2), 120. <https://doi.org/10.3390/healthcare9020120>**

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**Nittari, G., Sagaro, G. G., Feola, A., Scipioni, M., Ricci, G., & Sirignano, A. (2021). First Surveillance of Violence against Women during COVID-19 Lockdown: Experience from "Niguarda" Hospital in Milan, Italy. International journal of environmental research and public health, 18(7), 3801. <https://doi.org/10.3390/ijerph18073801>**

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**Fanta M, Lemma S, Sagaro GG, Meskele M. Factors associated with adolescent–parent communication of reproductive health issues among high school and preparatory students in Boditi town, Southern Ethiopia: a cross-sectional study. Patient Intelligence. 2016;8:57-70 <https://doi.org/10.2147/PI.S97838>**

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*I hereby declare that the information provided above is true to the best of my knowledge and belief.*

Camerino, Italy , 19/06/2024

Getu Gamo Sagaro